

PMEX UPDATE

BUY	
	CRUDE10-MY26
94.39	-1.21%
Expiry	20/Apr/26
Remaining	31 Days
Entry	91.9 - 92.65
Stoploss	90.75
Take Profit	93.71 - 94.71

SELL	
	NGAS1K-AP26
3.0910	-2.37%
Expiry	26/Mar/26
Remaining	6 Days
Entry	3.13 - 3.11
Stoploss	3.18
Take Profit	3.03 - 2.98

BUY	
	GO10Z-AP26
4,669.39	1.38%
Expiry	27/Mar/26
Remaining	7 Days
Entry	4650 - 4663
Stoploss	4593.70
Take Profit	4690 - 4737

N/A	
	SL10-MA26
72.32	
Expiry	
Remaining	
Entry	---
Stoploss	#VALUE!
Take Profit	---

SELL	
	PLATINUM5-AP26
1,966.15	1.16%
Expiry	27/Mar/26
Remaining	7 Days
Entry	1938 - 1932
Stoploss	1975.96
Take Profit	1913 - 1898

SELL	
	COPPER-MY26
5.4620	-0.13%
Expiry	28/Apr/26
Remaining	39 Days
Entry	5.49 - 5.45
Stoploss	5.53
Take Profit	5.38 - 5.34

SELL	
	ICOTTON-MY26
67.86	0.28%
Expiry	22/Apr/26
Remaining	33 Days
Entry	68.01 - 67.79
Stoploss	68.15
Take Profit	67.29 - 66.76

SELL	
	DJ-JU26
46,214	-0.27%
Expiry	17/Jun/26
Remaining	89 Days
Entry	46382 - 46269
Stoploss	46686.77
Take Profit	46043 - 45904

SELL	
	SP500-JU26
6,635	-0.37%
Expiry	17/Jun/26
Remaining	89 Days
Entry	6658 - 6641
Stoploss	6708.19
Take Profit	6610 - 6575

SELL	
	NSDQ100-JU26
24,452	-0.52%
Expiry	17/Jun/26
Remaining	89 Days
Entry	24545 - 24475
Stoploss	24791.15
Take Profit	24324 - 24100

SELL	
	GOLDUSDJPY-AP26
158.58	0.51%
Expiry	27/Mar/26
Remaining	7 Days
Entry	158.72 - 158.59
Stoploss	159.04
Take Profit	158.21 - 158.01

BUY	
	GOLDEURUSD-AP26
1.1578	-0.09%
Expiry	27/Mar/26
Remaining	7 Days
Entry	1.1561 - 1.1576
Stoploss	1.155
Take Profit	1.1598 - 1.1618

Major Headlines

Oil up despite efforts by US, allies to boost supply, unchoke Strait of Hormuz

Oil prices gained on Friday despite leading European nations, Japan and Canada offering to join efforts to secure safe passage for ships through the Strait of Hormuz and the U.S. outlining moves to boost oil supply. "The potential for a quick reversal in energy prices is unlikely because damage has been done to production," said Ole Hansen, the head of commodity strategy at Saxo Bank. [see more...](#)

Gold, Silver Face Breakdown Risk Below Key Support as Yield Pressure Builds

I observed that Friday's reversal, following a significant decline since the start of this month, appears to be a technical bounce when evaluating the movements of gold and silver futures across various time frame chart patterns. This indicates that the selling trend may persist if both futures close the week below key support levels. Since gold and silver futures tumbled on Thursday after several major central banks flagged caution over the inflationary effects of the Iran war, expectations have fueled for no interes. [see more...](#)

Investors buy the dip in both stocks and bonds, BofA says

Investors took advantage of the drop in stock and bond prices in the latest week to snap up both, even though a steep rise in energy prices on the back of the war in the Middle East rattled sentiment, according to Bank of America Global Research on Friday. Investors poured \$62.2 billion into stocks, \$23.5 billion into cash, \$10.2 billion to bonds, and \$1.0 billion into crypto, while pulling \$4.5 billion from gold, the bank said, citing data from EPFR. [see more...](#)

USD/JPY Price Forecast: 20-day EMA acts as key support zone around 157.50

In the monetary policy, BoJ officials warned of uncertainty surrounding the economic growth amid surging energy prices due to a joint assault by the United States (US) and Israel against Iran. Meanwhile, the US Dollar (USD) gains ground after Thursday's mayhem as the Federal Reserve (Fed) is expected to adopt an extended pause amid high inflation across the world. During the press time, the US Dollar Index (DXY), which gauges the Greenback's value against six major currencies, trades 0.2% higher to near 99.35. [see more...](#)

EUR/USD corrects to near 1.1560 as USD gains ground

As of writing, the US Dollar Index (DXY), which tracks the Greenback's value against six major currencies, is up 0.2% to near 99.35. The USD Index fell over 1% to near 99.00 on Thursday after major global central banks warned of upside inflation risks and signaled an extended pause in the wake of higher energy prices amid conflicts in the Middle East. This led to diminishing fears of wider policy divergence between the Federal Reserve (Fed) and other global central banks. [see more...](#)

US Dollar Price Forecast: DXY Rises on Middle East Risk

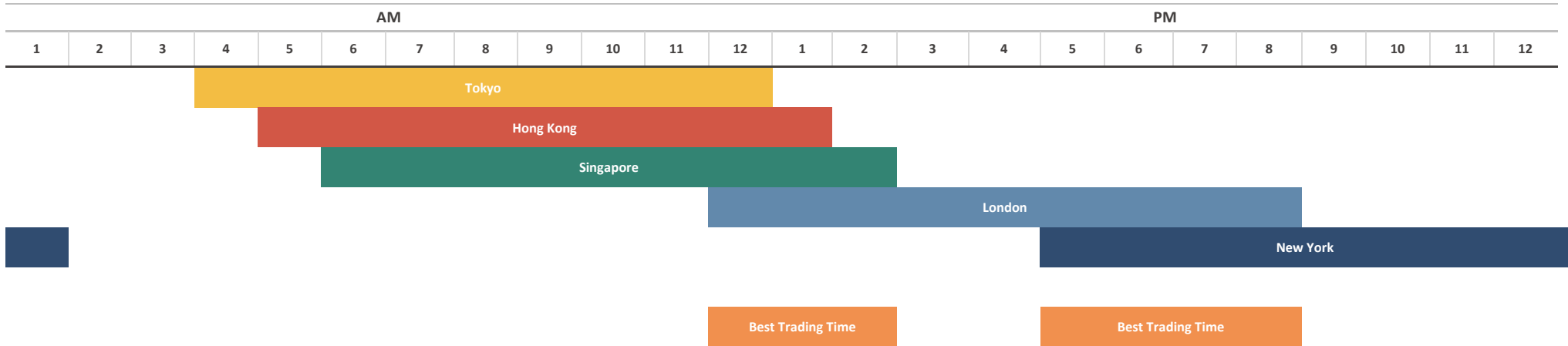
Fed took a pretty clear stance – keeping interest rates steady on the wednesday conference call said alot about how worried they are about the impact of those rapidly rising oil prices on inflation. And Fed Chair Jerome Powell made it clear that a rate hike still very much on the table they're not ruling it out at all – and lets not forget some of the other Fed officials out there are sounding pretty hawkish too. For traders that means the Fed is serious about keeping prices in check and that's good news for the greenback. [.see more...](#)

Economic Calendar

No event scheduled

FOREX MARKETS' STATISTICS

Forex Market Hours

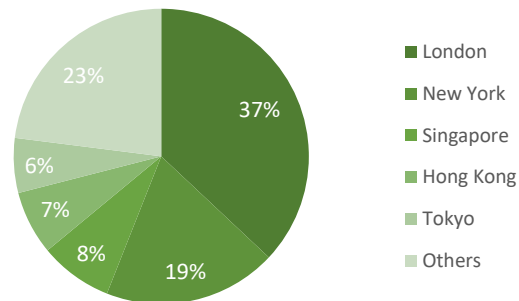


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

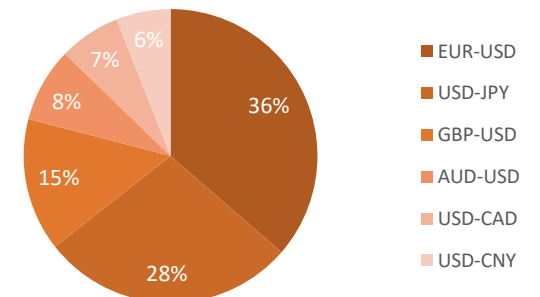
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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PREPARED BY

Muhammad Rashid Nawaz
Phone: (+92) 42 38302028
Ext: 118
Email: umairjaved@abbasiandcompany.com

RESEARCH DEPARTMENT

6 - Shadman, Lahore
Phone: (+92) 42 38302028; Ext: 116, 117
Email: research@abbasiandcompany.com
web: www.abbasiandcompany.com

HEAD OFFICE

6 - Shadman, Lahore
Phone: (+92) 42 38302028
Email: support@abbasiandcompany.com
web: www.abbasiandcompany.com